

## Resources for Clinical Questions, Guidelines and Further Reading:

- **Rainbow Health Ontario** has excellent information, training, guidelines. Including **Quick Access Guidelines**. In my opinion it is the highest yield for quick access to helpful information. The main website is: [rainbowhealthontario.ca](http://rainbowhealthontario.ca)
- You can also Google “**sherbourne guidelines**” and it will lead you directly to the latest guidelines from the Sherbourne Clinic in Ontario, 4<sup>th</sup> edition (free):  
<https://www.rainbowhealthontario.ca/product/4th-edition-sherbournes-guidelines-for-gender-affirming-primary-care-with-trans-and-non-binary-patients/>
- **WPATH – The World Professional Association for Transgender Health**  
*Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People*  
Guideline for free, online: <https://www.wpath.org/publications/soc>
- **Trans Care BC** – Their website has links to further guidelines like those from the Endocrine Society, as well as their own suggested Guidelines – all free online:  
<http://www.phsa.ca/transcarebc/health-professionals/clinical-resources>
- **Canadian Professional Association for Transgender Health (CPATH)** – has some links to resources for providers and patients: <https://cpath.ca/en/resources/links/>
- **TransLine (Transgender Medical Consultation Service)** – US based, free. You create an account, can submit medical questions about patients (keep it anonymous for the patient). I’ve always gotten a fast and helpful reply based on current practices and guidelines. It also has useful info on its website: <https://transline.zendesk.com/hc/en-us>
- **GRS Clinic** – The clinic in Montreal for Gender Affirming Surgeries. I have found that they are very amenable to calls, questions from both patients and doctors:  
<https://www.grsmontreal.com/en/contact-us.html>
- **Trans PULSE** is a community-based research project. Their website: <https://transpulseproject.ca/> includes *Trans PULSE Resource Guide* (<https://transpulseproject.ca/resources/resource-guide/>) that is a compilation of resources available across Canada